

Nina Hayes Mission

Press Kit



NINA HAYES

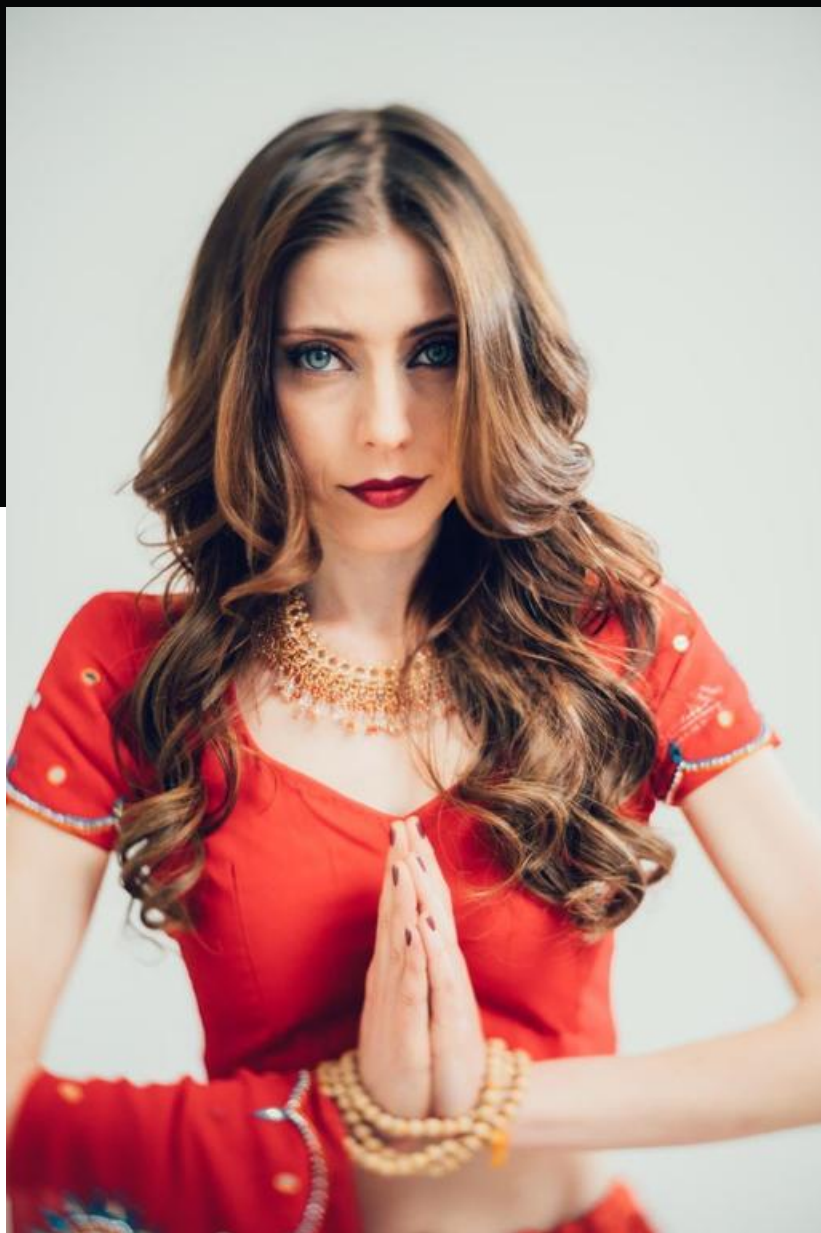
Yoga Instructor

Facilitate healing of the mind, body, and spirit through yogic movement and practices.

Retreat Curator

Curate and teach transformational international Yoga & Wellness Retreats.





A B O U T

I am an Advanced Certified Yoga Instructor (ERYT-500) with 11 years of experience leading vinyasa, restorative, therapeutic yoga, and meditation. I have an extensive background in facilitating international yoga retreats, mentoring yoga teachers, and creating bespoke yoga programming.

MY MISSION

My mission is to utilize my expertise in teaching and leadership to provide others with sacred space, and the tools and experiences to create a magical life.



WHAT I OFFER

STUDIO CONSULTATION

Deliver strategic solutions, instructor mentoring, programming, and talent acquisition.

BRAND REPRESENTATION

Yoga modeling for editorial and digital media purposes for brands and businesses that align with my mission

RETREAT & FESTIVAL PRESENTER

Facilitate classes and workshops for Nina Hayes Mission Retreats and hold sacred space for large groups for outside & private retreat centers.

CONTENT CREATION

Provide expert advice, copy and wellness resources for online and magazine publication

WHY WORK WITH ME?

10+ Years experience

A decade of successfully navigating the intersection on yoga teaching and spiritually aligned business practices

Robust LA & international yoga following of over 7k

My community of artists, celebrities and thought leaders are committed to innovative developments in the yoga space

Philanthropic and community-focused approach to teaching

I have been a Yoga Gives Back ambassador for three years, along with being a spokesperson for conscious living in my community

AFFILIATIONS & PRESS



CLIENT FEEDBACK



Cherie Steinberg,
Celebrity Photographer

"In my 30 years of doing Yoga Nina's class was without a doubt the best ever!!! Nina is such a knowledgeable teacher and really pushes but in a controlled way. You want to do well so you might get a "well done" from her. She has a great personality not to mention an incredible yoga body and a delight as a person!!"



Joanna Garzilli
Author & Television Host

"I highly recommend Nina! She is professional, heart-centered and exceptional at everything she offers! Nina is a master yoga teacher and spiritual guide. You will be inspired by her creativity, grace and great natured spirit!"



Charley Izabella King
Actress & Wedding Planner

"I had the pleasure of taking class with Nina and it was truly a wonderful experience. Her class was excellently paced and she made sure you worked every part of your body and mind. I got a tremendous amount out of her class and left feeling a million times better in mind, body and spirit than when I went in."

LET'S CONNECT!

CONTACT US

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Nina Hayes

